



FRY FAMILY YMCA

PRE-TEEN SPORTS CONDITIONING

**FITNESS CONDITIONING CLASS FOR 10-13 YEAR
OLDS**

FRIDAY, APRIL 11 | 4:15 - 5 P.M.

Come join certified trainer, Jeff Stewart, for this awesome fitness class, specifically designed for 10-13 year olds. Four weeks of fun! Registration is required!

Distribution of information and materials through the school district does not imply District 204 endorsement. *

REGISTER

VISIT US ONLINE
fryfamilyymca.org